

Mary Cahir

BA Psychology, MSc Psychology, Psychotherapist, MIACP M13023



Change the Response – Change Starts with You

www.changetheresponse.com

ctr@changetheresponse.com

Informed Consent

*Required

Client Name*

Start Date*

Confidentiality:

Sessions are confidential, with the following exceptions:

1. If the therapist believes there to be a danger of the client causing harm to themselves or another.
2. If the client reveals that there is a child at risk of abuse or a child has been the victim of abuse.
3. If the client reveals criminal activity.

Should someone need to be informed this will be discussed with you first.

Frequency: Weekly unless otherwise agreed

Duration: Online sessions last 50 minutes from the scheduled starting time.

Fee:

€80 per session for individual therapy, €120 per couple, payable prior to appointment. This is reviewed periodically. One month's notice will be given of any intended change.

Cancellation Policy:

If you are unable to attend at the appointment day or time, or wish to change your appointment, please give 24 hours' notice. Your session time is reserved for you each week, therefore, missed or cancelled sessions (outside of holidays) must be paid for unless an alternative mutually suitable time can be found in the same week.

Termination: Allow where possible one session to finish the therapy/counselling.

Social Media: Please be aware that I do not accept friend requests or have contact with clients on Social Media.

Medical Liaison:

The client gives permission for the therapist to consult where appropriate with their GP or psychiatrist for the purpose of discussion of their treatment or psychological condition. In the event of this being a possibility, it will be discussed fully with you.

Client Signature*

Date*

GP / Psychiatrist Name and Address*

Name:	
Address:	